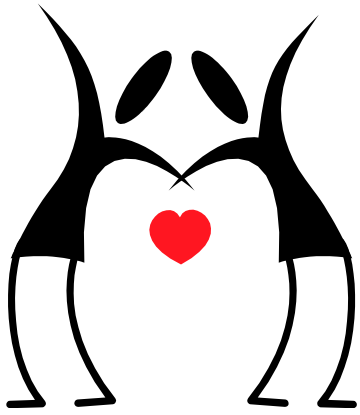


St. Catherine/St. Francis Parishes' Faith Formation Program



Prayers To Know By Heart

*Dear Sacramental Prep Families,
On this page you will find six prayers that your children should know by heart. We recommend that you take one prayer at a time and work on it daily until it becomes rote for your child. If you need any further assistance in teaching these to your child, please do not hesitate to contact Kelly!*

SIGN OF THE CROSS

In the name of the Father,
And the Son,
And the Holy Spirit.
Amen.

GLORY BE

Glory be to the Father,
and to the Son, and to the Holy Spirit,
as it was in the beginning, is now,
and ever shall be, world without end.
Amen.

GRACE BEFORE MEALS

Bless us, O Lord,
and these Your gifts,
Which we are about to receive
from Your bounty
Through Christ our Lord.
Amen.

THE LORD'S PRAYER

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come, thy will be done
on earth as it is in heaven.

Give us this day our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.

Amen.

HAIL MARY

Hail, Mary, full of grace,
the Lord is with you.
Blessed are you among women,
and blessed is the fruit
of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners
now and at the hour of our death.

Amen.

PRAYER OF SORROW

God Our Father,
I am sorry for all my sins.
I am sorry for
the wrong things I have done.
I am sorry for the good things
I have failed to do.
I will try to do better.
Amen.