

MASS REFLECTION SHEET



Name: _____

Mass Date: _____

During the **Penitential Rite** (Lord have mercy. Christ have mercy. Lord have mercy.), we humble ourselves before God and admit that we have sinned.

Do not write it down, but call to mind now something that you have done which needs forgiveness.

Did you offer it to God during this part of the Mass? (*ex: I lied to my teacher*)— if so, check this box .

God speaks to us through the **readings and the Gospel**. Father's **Homily** challenges us to apply what we heard to our everyday lives.

What is something you heard during the readings or the homily that challenged you?

The **Prayer of the Faithful** is a time when the whole community prays that God will take care of all of our needs (family, parish, community, world).

What is one special intention that you brought to mind during this part of the Mass?

The **Offertory** is a time when we offer the gifts that we have to God, just as Jesus offered himself to us on the cross. Together with the bread and wine, our gifts (not only our money, but also our time and our talent) are offered to God to be made holy.

What did you offer to God during this part of Mass / what gift do you have that you will share with others?

The **Dismissal** (the last words of the Mass) are not the end, they are our instructions for the week. After experiencing Christ through prayer, we are now challenged to bring Jesus' love to the world through our words and actions.

How will you be Jesus' presence in the world this week?
